

WILDERNESS EXPEDITIONS WITHOUT THE WORRY

2021-2022



Health & Safety Plan



Antarctica21
Fly & Sail Expeditions

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Diana Galimberti
*Executive Vice President,
Operations and Product
Antarctica21*

It is with great pleasure that Antarctica21 looks forward to welcoming you back on board after the interruption of travel imposed by the Covid-19 pandemic.

During these months, Antarctica21 has been working with one main goal in mind – to resume safe travel to Antarctica and to offer you, our valued guest, an unforgettable experience that is as safe as possible.

We have been guiding travelers to the 7th Continent since 2003 when we pioneered the Antarctic air-cruise model. For the last 20 years, our operational philosophy has brought together rigorous analysis, robust protocols, and flexible procedures. We approached the pandemic's new challenges with the same philosophy – with evidence-based adaptable and sustainable solutions.

The resulting Health and Safety Plan has been created and updated by Antarctica21's dedicated team of experts in cooperation with our most valued international partners. We consulted with several stakeholders, including the International Association of Antarctica Tour Operators (IAATO); representatives of the gateway ports and airports; medical, technical, and hospitality consultants; and several other international entities actively involved in the re-launch of cruising worldwide.

Our Health and Safety Plan builds a strong framework for the restart of expedition travel, addressing potential risk areas during the trip with a powerful shield against infection. We have identified multiple and overlapping layers of protection for each risk area, forming a continuous chain of defense that is flexible enough to adapt to evolving circumstances.

Our goal at Antarctica21 has always been to offer unforgettable wilderness expeditions while providing the utmost in safety, hospitality, and adventure. While focusing on that central goal, this new plan allows us to welcome you back to expedition travel confidently. I encourage you to review this plan carefully. Its success depends on everyone's cooperation, including yours.

Sincerely,
Diana Galimberti
*Executive Vice President, Operations and Product
Antarctica21*

THE ANTARCTICA21 SHIELD

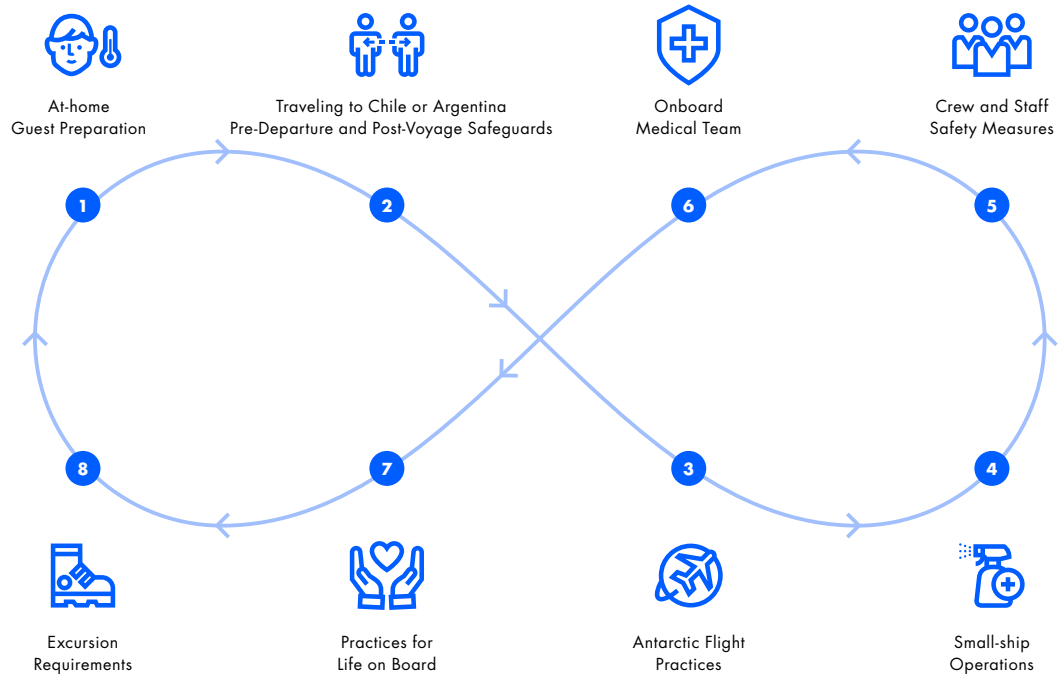


THE ANTARCTICA21 SHIELD

Our commitment to providing safe expeditions remains more essential than ever. While it is impossible to eliminate all risks, the Antarctica21 Health and Safety Plan delivers reinforced protocols designed for each risk area, providing a continuum of defense against Covid-19.

This plan is a flexible operational tool and will be updated as needed, incorporating the most up-to-date international findings and recommendations.

Closer to the time of travel, you will receive specific instructions through your booking agent regarding your journey. These will include pre-departure requirements, such as protocols in place for arrival in Chile or Argentina, vaccination, and Covid-19 test requirements, as well as any updates concerning embarkation and disembarkation procedures, life on board and any other matter relevant to your travel.



1 AT-HOME GUEST PREPARATION

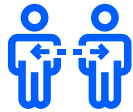


As a participant in an Antarctica21 expedition, you are expected to play an active role in ensuring everyone's health and safety on your trip. You must understand and acknowledge the possible risks and uncertainties associated with travel. You should read all Antarctica21 communication regarding your trip, including a careful review of all the pre-departure documents and information delivered to you. The following are a series of steps you should follow to travel with us.

- ✓ For your safety and the safety of your travel companions, Antarctica21 requires that **all guests be fully vaccinated and valid against Covid-19** throughout the duration of Antarctica21 travel. People are fully vaccinated 14 days after their second dose in a 2-dose vaccine type or 14 days after a single-dose vaccine. If you don't meet these requirements, you may NOT travel with Antarctica21. Exceptions to the vaccination requirement can be considered for children and young adults up to 17 years old who do not have access to Covid-19 vaccines and are in good health conditions.
- ✓ You must fill out the [A21 Participation Form](#) and report your health conditions. The Antarctica21 medical team will evaluate your medical profile and determine if you are fit to travel. In some cases, they may ask for additional information or medical certificates. If you have any questions on how your health conditions and fitness relate to travel to a remote location such as Antarctica, we recommend you consult with a doctor.
- ✓ By submitting the Participation Form, guests agree to Antarctica21's policies stated in the Terms and Conditions of travel, including any Covid-19-related policies.
- ✓ As all participants in an Antarctica21 expedition, you must purchase a travel insurance policy. At a minimum, the insurance policy must cover the cost of sanitary evacuation for medical reasons, including pre-existing conditions from any of Antarctica21's destinations that you might be visiting. It should also cover the cost of medical care and medical services during your trip, and the cost of returning you home should you experience a medical emergency during your trip, including becoming infected with Covid-19.
- ✓ Your travel insurance should include coverage against risks associated with Covid-19. Those include, but are not limited to, denial of entry in the country or region of embarkation, medically advised denial of boarding, quarantine requirements either on land or on board the ship, medically advised isolation due to suspected or confirmed Covid-19 infection, sanitary evacuation to the mainland and your home country, as well as any other issue or risk related to pandemic events. In the absence of insurance coverage, you assume any financial costs associated with such events. Proof of insurance, including Covid-19 events, may be requested to enter your trip's start or end gateway country.

2 TRAVELING TO CHILE OR ARGENTINA

PRE-DEPARTURE AND POST-VOYAGE SAFEGUARDS



When entering Chile or Argentina, you will be required to comply with the arrival protocols established by local authorities that are in place at the time of your trip.

- ✓ You may be required to fill out an affidavit upon your arrival in the destination country and comply with other official entry requirements. You may also be required to provide proof of vaccination and a recent negative Covid-19 test, as well as proof of travel insurance covering Covid-19 events. We will inform travelers about the applicable protocols for arrival to the gateway country closer to the departure date.
- ✓ The day before embarking on your Antarctica21 trip, you will undergo a Covid-19 screening process no matter the departure city of your expedition. During this process, you will be required to:
 - undergo a medical check;
 - undergo an antigen test; and
 - fill out an affidavit.
- ✓ You must understand and accept that any infection, suspected infection, or contact with infected persons detected during the screening process may result in denial of boarding for your Antarctica21 trip.
- ✓ We have established thorough cleaning and disinfection protocols applicable to the vehicles used for all land transportation provided by Antarctica21. According to local protocols, drivers will be using personal protection equipment (PPE) during service and luggage handling.
- ✓ The hotel accommodation provided by Antarctica21 will include adapted facilities and operational processes to provide a clean and safe environment. Local staff will enforce physical distancing, hygiene practices, and personal protection equipment (PPE) according to local protocols.
- ✓ Meals in restaurants and bar services will be subject to the protocols mandated by local health authorities as applicable when you travel with us.
- ✓ You may be required to practice interpersonal distancing, wear a face mask in public places, sanitize your hands upon entering and exiting hotel buildings, restaurants, guestrooms, or other areas in compliance with local protocols applicable at the time of your travel.
- ✓ Depending on the requirements of your home country, you may be asked to show proof of a negative Covid-19 PCR test to travel back home. Closer to your departure date, information about Covid-19 testing availability and conditions in gateway cities will be available to guests.



3 ANTARCTIC FLIGHT PRACTICES



Our partner since 2003, DAP Airlines operates Antarctica21's flights between Punta Arenas and King George Island. The company has implemented a range of protocols to perform safe and enjoyable flights according to the Chilean Civil Aviation Authority regulations for protection against possible infections.

- ✓ Check-in and boarding are conducted in a protected environment at the Punta Arenas airport, allowing physical distancing and avoiding crowding.
- ✓ Your luggage will be sanitized at the Punta Arenas airport before loading it onto the aircraft.
- ✓ Aircrews use personal protection equipment (PPE) according to applicable regulations.
- ✓ Plane sanitation takes place before each flight and during turnarounds at Frei Station in Antarctica.
- ✓ Adapted ventilation systems on the aircraft grant optimal airflow and circulation during the flight, minimizing interpersonal distancing requirements.
- ✓ You may be requested to wear a face mask throughout the flight to and from Antarctica and follow recommended hygiene practices on board.

Any other flight run by DAP Airlines that may be included in Antarctica21's itineraries will be operated according to the same protocol.

4 SMALL-SHIP OPERATIONS



All of our expeditions include sailing time onboard our ships, so it is paramount to provide a healthy environment while you are with us. As we are focused on small-ship operations, we offer less crowded environments to our guests. That said, the following is a list of practices to ensure cleanliness during your shipboard experience.

Small-ship facilities

- ✓ Our ships offer spacious panoramic common areas, including our interior hallways, that allow for interpersonal distancing requirements.
- ✓ Our easily accessible and wide outer decks are ideal for wildlife viewing, and offer comfortable spacing for guests.
- ✓ All cabins have outside views, are spacious and well-appointed. Most cabins have individual balconies, providing a private space for full enjoyment of the trip away from common areas.
- ✓ We may require the use of personal protection equipment (PPE), such as face masks, when interpersonal distancing cannot be maintained.
- ✓ Visible signage all around the vessel will guide passengers along recommended routes and explain any conditions that may be applicable in common areas.
- ✓ Reception staff will be available at all times to help guests with any questions regarding life on board.

Air and Water Quality

- ✓ Our ships are equipped with air filtration systems that sanitize the air circulation throughout the vessel.
- ✓ Some specific cabins feature independent ventilation systems, making them suitable for isolation.
- ✓ The ship's freshwater undergoes a strict sanitization process before being delivered onboard, including water used for showers, sinks, and toilets.

Cleanliness Protocol

- ✓ A designated sanitation team is responsible for the implementation of sanitation protocols on board our ships.
- ✓ Cabin cleaning and daily housekeeping are conducted following the most stringent international protocols.
- ✓ All common areas are thoroughly and frequently sanitized, with a specific focus on high-touch points.
- ✓ Disembarkation areas are sanitized frequently, both between groups and between excursions.
- ✓ In addition to daily cleaning, all cabins and common areas undergo deep cleaning and sanitation before and after each departure.
- ✓ All storage areas are disinfected before loading.



5 CREW AND STAFF SAFETY MEASURES



All our shipboard teams are required to follow strict guidelines for working onboard our ships. A Covid-19 screening takes place well before arrival to the vessel. While onboard, our staff and crew follow industry-mandated guidelines designed to maintain a healthy ship environment.

- ✓ All staff and crew are trained for prevention and response to Covid-19.
- ✓ **Our staff and crew are fully vaccinated against Covid-19.** Additionally, they will undergo a preventative isolation period and take a Covid-19 test before boarding any Antarctica21 vessel.
- ✓ A comprehensive system of preventive measures is in place to shield our staff and crew from the risk of Covid-19 infection while working with us.
- ✓ All shipboard teams are tested for Covid-19 at regular intervals while on board.

6 ONBOARD MEDICAL TEAM



Traveling to our destinations comes with the understanding that there is no major hospital or health center in any of the remote places we visit. Given the circumstances, the clinics in our ships underwent careful revision and are outfitted with the necessary equipment to support limited onboard emergency treatment, including for people with Covid-related symptoms.

- ✓ During a trip with Antarctica21, there is a medical doctor on board.
- ✓ Senior Officers are provided with Person-In-Charge medical training.
- ✓ In addition, extra crew members with nursing training may be onboard to assist in various health and safety functions.
- ✓ On-call service from our medical contractor's shore-based team is accessible 24/7 to support the ship's doctor.
- ✓ The onboard clinic is equipped with Covid-19 testing capabilities.
- ✓ The vessel features dedicated isolation cabins.
- ✓ Extra stocks of PPE are available if need be.



7 PRACTICES FOR LIFE ON BOARD



Traveling to our destinations is an experience like no other, and we want you to have an adventure of a lifetime. Our health practices are designed to provide you with an enjoyable travel experience and shipboard experience. When everyone on board cooperates with the procedures, protocols, and guidelines, we reduce risk and focus on providing a fulfilling expedition experience.

General Living

- ✔ You should monitor yourself for possible Covid-19 symptoms during your entire trip. Symptoms may include fever, dry cough, tiredness, sore throat, aches and pains, diarrhea, conjunctivitis, headache, and loss of taste or smell, among others. If you have symptoms, report them to an Antarctica21 staff immediately.
- ✔ Sanitizing dispensers are available throughout all areas of the ship.
- ✔ Interpersonal distancing between guests not sharing a cabin may be required in common areas.
- ✔ The sauna and gym are available under a reduced capacity scheme and strict hygiene practices are implemented after each use.
- ✔ Antarctica21's "open bridge" policy may be modified or suspended to reduce exposure risks for our navigation officers.

Dining Rooms

- ✔ Onboard dining will be offered in the ship restaurants maintaining a pleasant and relaxed atmosphere.
- ✔ Restaurant seating is organized to provide privacy among friends and family groups while maintaining interpersonal distance between diners who don't share the same cabin.
- ✔ No self-service food and beverage options will be available. Food and beverages will be served by our hospitality team who will wear gloves and masks when serving guests.

Educational Sessions

- ✔ Our expedition staff gives multiple educational presentations and briefings in our spacious lounges, ensuring that everyone onboard can find a time to enjoy them.
- ✔ Interpersonal distancing norms are in place during these sessions, with a maximum capacity for each space where presentations take place.
- ✔ Participation in briefings, presentations and other group sessions is guaranteed for all guests, even though the per-session capacity may be limited to ensure distancing between participants.

8 EXCURSION REQUIREMENTS



Our shore landings and excursions are at the core of our adventure expeditions. Through these one-of-a-kind experiences, you can connect directly with the destinations you came so far to see. The following requirements are in place to offer you a relaxed and safe environment while enjoying time off the ship.

- ✓ We have implemented contactless check-in/check-out systems.
- ✓ Disembarkation is organized in groups, with enough time separating each group to allow for interpersonal distancing and sanitation in an easy-going environment.
- ✓ Zodiac transfers to shore and exploratory Zodiac cruises are managed according to the safest standards. They may operate at reduced capacity, based on the interpersonal distancing recommendations in place at the time of travel.
- ✓ According to recommended practices, guests may be required to wear personal protection equipment, such as masks, during Zodiac cruising and at the landing site.
- ✓ Shore excursions will be conducted with the usual high passenger/staff ratio, one of the industry's highest. Guides will provide several options for guests to take in the full experience of our destinations.
- ✓ Zodiacs and expedition equipment will be cleaned and sanitized between excursions.
- ✓ Protocols for our adventure activities are in place to assure your well-being and comfort. It is essential to check at the time of booking if these activities are available for your trip.
- ✓ Strict guidelines are in place to preserve the Antarctic environment and Antarctic stations from introducing any alien or non-indigenous organism during your trip. You will receive more information on these guidelines in our pre-departure material.

Antarctica21

Fly & Sail Expeditions

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